

## List of publications

*Updated February 2020*

### 2020

**Uvnäs Moberg K**, Buemann B.

Oxytocin may have a therapeutical potential against cardiovascular disease.

Possible pharmaceutical and behavioral approaches.

Med Hypotheses. 2020 May;138:109597.

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### 2019

**Uvnäs Moberg K**, Handlin L, Kendall-Tackett K, Petersson M.

Oxytocin is a principal hormone that exerts part of its effects by active fragments.

Med Hypotheses. 2019 Dec, 133:109394.

**Uvnäs Moberg K.**

Why Oxytocin Matters

Pinter & Martin, 2019.

**Uvnäs-Moberg K**, Ekström-Bergström A, Berg M, Buckley S, Pajalic Z,

Hadjigeorgiou E, Kotłowska A, Lengler L, Kielbratowska B, Leon-Larios F,

Magistretti CM, Downe S, Lindström B, Dencker A.

Maternal plasma levels of oxytocin during physiological childbirth - a systematic review with implications for uterine contractions and central actions of oxytocin.

BMC Pregnancy Childbirth. 2019 Aug 9;19(1):285.

Marie Berg, PhD, RN, RM, MPH, MNursSci; Lisa Goldkuhl, RN, RM, MSci;  
Christina Nilsson; Helle Wijk, PhD, RN, MNursSci; Hanna Gyllensten, PhD;  
Göran Lindahl, PhD; **Kerstin Uvnäs Moberg**; Cecily Begley, PhD.

Room 4 Birth - The effect of an adaptable birthing room on labour and birth outcomes for nulliparous women at term with spontaneous labour start: study protocol for a randomised controlled superiority trial in Sweden.

Trials in press (2019).

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### 2018

Sarah Buckley S, **Uvnäs Moberg K.**

Nature and consequences of oxytocin and other neurohormones during pregnancy and childbirth.

In: Squaring the Circle: researching normal childbirth in a technologicl world.

Edited by Sheena Byrom and Soo Downe.

Pinter and Martin. 2018.

**Uvnäs-Moberg K**, Buckley S.

Oxytocin - a central hormone of labour and birth.

In: Safety in Childbirth, Safety and Childbirth. Edited by Sandra Moreno.

The Italian Medical Association. 2018.

**Uvnas-Moberg, K**, Kendall-Tackett KA.

The mystery of D-MER: What hormonal research can tell us about dysphoric milk-ejection reflex.

Clinical Lactation. 2018; 9(1): 23-29.

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2017

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Oxytocin-Stoffwechsel. Körperkontakt unter erschwerten bedingungen.

Deutsche Hebammen Zeitschrift. 2017; 69(11).

Kendall-Tackett, KA **Uvnas-Moberg K**.

Does synthetic oxytocin lower mothers' risk of depression and anxiety? A review of a recent study by Kroll-Desrosiers et al.

Science & Sensibility 2017;

<https://www.scienceandsensibility.org/p/bl/et/blogid=2&blogaid=949>

Kendall-Tackett KA, **Uvnas-Moberg K**.

Pitocin, epidurals, and mothers' mental health. How can doulas help when mothers have high-intervention births?

International Doula. 2017; 25(3): 25.

Petersson M, **Uvnäs-Moberg K**, Nilsson A, Gustafson LL, Hydbring-Sandberg E, Handlin L.

Oxytocin and cortisol levels in dog owners and their dogs are associated with behavioral patterns: An exploratory study.

Front Psychol. 2017 Oct 13; 8:1796.

Nielsen EI, Al-Saqi SH, Jonasson AF, **Uvnäs-Moberg K**.

Population Pharmacokinetic Analysis of Vaginally and Intravenously Administered Oxytocin in Postmenopausal Women.

J Clin Pharmacol. 2017; 57(12):1573-1581.

Bendix M, **Uvnäs-Moberg K**, Petersson M, Kaldo V, Åsberg M, Jokinen J.

Insulin and glucagon in plasma and cerebrospinal fluid in suicide attempts and healthy controls.

Psychoneuroendocrinology. 2017; J81:1-7.

Kallak TK, **Uvnäs-Moberg K**.

Oxytocin stimulates cell proliferation in vaginal cell line Vk2E6E7.

Post Reprod Health. 2017; 23(1):6-12.

Vargas-Martínez F, Schanler RJ, Abrams SA, Hawthorne KM, Landers S, Guzman-Bárcenas J, Muñoz O, Henriksen T, Petersson M, **Uvnäs-Moberg K**, Jiménez-Estrada I.  
Oxytocin, a main breastfeeding hormone, prevents hypertension acquired in utero: A therapeutics preview.  
Biochim Biophys Acta. 2017 Jan;1861(1 Pt A):3071-3084.

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Al-Saqi S, Fiano Jonasson A, **Uvnäs-Moberg, K**.  
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Post Reprod Health. 2016; 22(1):25-33.

Beetz A, Kotrschal K, **Uvnäs-Moberg K**, Julius H.  
A comparison of equine assisted intervention and conventional play based early intervention for mother child dyads with insecure attachment.  
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### **Uvnäs Moberg K.**

Mod att föda.  
Jordemodern. Svenska barnmorskeförbundets tidskrift.  
Nr 5 Maj 2016.

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Takahashi Y, Jonas W, Ransjö-Arvidson AB, Lidfors L, **Uvnäs-Moberg, K**, Nissen E.  
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Anderson C, Yngvesson J, Boissy A, **Uvnäs-Moberg K**, Lidfors L.  
Behavioural expression of positive anticipation for food or opportunity to play in lambs.  
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**Uvnäs-Moberg K**.  
How kindness warmth, empathy and support promote the process of labour.  
In: The roar behind the silence, edited by Sheena Byron and Soo Downe.  
Pinter and Martin, London, 2015.

**Uvnäs-Moberg, K.**  
The biological role of oxytocin in motherhood.  
Hale Publishing, Plano USA, 2015.

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Vargas-Martínez F, **Uvnäs-Moberg K**, Petersson M, Olausson HA, Jiménez-Estrada I.  
Neuropeptides as neuroprotective agents: Oxytocin a forefront developmental player in the mammalian brain.  
Prog Neurobiol. 2014 Oct 13;123C:37-78.

Chatzitofis A, Nordström P, **Uvnäs-Moberg K**, Asberg M, Jokinen J.  
CSF and plasma oxytocin levels in suicide attempters, the role of childhood trauma and revictimization.  
Neuro Endocrinol Lett. 2014;35(3):213-7.

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In Bindung und psychosomatik, edited by Karl Heinz Brisch.  
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Humble MB, **Uvnäs-Moberg K**, Engström I, Bejerot S.  
Plasma oxytocin changes and anti-obsessive response during serotonin reuptake inhibitor treatment: a placebo controlled study.  
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**Uvnäs-Moberg K**, Prime D.  
Oxytocin effects in mothers and infants during breastfeeding.  
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The hormone of closeness.  
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## 2012

Beetz A, **Uvnäs-Moberg K**, Julius H, Kotrschal K.  
Psychosocial and psychophysiological effects of human-animal interactions: the possible role of oxytocin.  
Front Psychol. 2012; Jul 9;3:234.

Julius H, Beetz A, Kotrschal K, Turner D, **Uvnäs-Moberg K**.  
Attachment to Pets, An integrative view of human-animal relationships with implications for therapeutic practice. (Also in German and Italian).  
Hogrefe, Göttingen, 2012.

Handlin L, Jonas W, Ransjö-Arvídson AB, Petersson M, **Uvnäs-Moberg K**, Nissen E. Influence of common birth interventions on maternal blood pressure patterns during breastfeeding 2 days after birth.  
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Midwifery. 2011; 27(4): 547-552

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Short-term interaction between dogs and their owners: Effects on oxytocin, cortisol, insulin and heart rate. An explorative study.

Anthrozoos. 2011; 24: 301-315.

Beetz A, Kotrschal K, **Uvnäs-Moberg, K.**, Turner D, Julius H.

The effect of a real dog, toy dog and friendly person on insecurely attached children during a stressful task: An exploratory study.

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Edited by Hollis H. King, Wilfrid Jänig and Michael M. Patterson Churchill and Livingstone, Elsevier 2011.

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Promises and pitfalls of hormone research in human-animal interaction.

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Die Funktion von oxytocin in der frühen Entwicklung und die mögliche Bedeutung eines oxytocinmangels für Bindung und frühe Störungen der Entwicklung.

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Onset of vocal interaction between parents and newborns in skin-to-skin contact immediately after elective cesarean section.

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Soft skin massage for children with severe developmental disabilities: caregivers' experiences.

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Commemorative Issue for Solomon A. Berson. (eds. R. Levine and E. F. Pfeiffer).  
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